

The UPLIFT Family Support Program provides support, education, advocacy, information, and referral to maximize outcomes for the child and family.

UPLIFT UNDERSTANDS...

The entire family feels the impact of a child with a disability or special need. This child may be physically, emotionally and financially draining. Parents are often reluctant to talk openly about their child's problems with relatives, professionals or friends and often don't know where to go for help.



The majority of staff members at UPLIFT are individuals and family members of children with special needs and disabilities.

We care and understand!

For more information to arrange these services, please contact UPLIFT and ask for the Family Support Specialist nearest you.

MAIN OFFICE:

4007 Greenway St., Ste. 201
Cheyenne, WY 82001

Phone: (307) 778-8686

Fax: (307) 778-8681

Toll Free: 1-888-UPLIFT3 (888-875-4383)

REGIONAL OFFICES:

BUFFALO

Physical: 830 W. Fetterman St.

Buffalo, WY 82834

Mailing: P.O. Box 566

Buffalo, WY 82834

Phone: (307) 684-7813

Fax: (307) 684-7818

CASPER

145 S. Durbin St., Ste. 201

Casper, WY 82601

Phone: (307) 232-8944

Fax: (307) 232-8945

JACKSON

Physical: 530 Elk Ave., Ste. 3

Jackson, WY 83001

Mailing: P.O. Box 986

Jackson, WY 83001

Phone: (307) 734-1327

Fax: (307) 734-2561

LARAMIE

2523 Garfield St., Ste. F

Laramie, WY 82070

Phone: (307) 742-6822

Fax: (307) 742-6821

RIVERTON

877 N. 8th St. W., Ste. 1

Riverton, WY 82501

Phone: (307) 857-6601

Fax: (307) 857-4446



Encouraging success and stability for children and youth with or at risk of emotional, behavioral, learning, developmental, or physical disorders at home, school, and in the community.

1-888-UPLIFT 3
(888-875-4383)

Email: uplift@upliftwy.org
Website: www.upliftwy.org

Funding made possible by the Wyoming Department of Health, Mental Health & Substance Abuse Services Division.

Wyoming's Federation of Families for Children's Mental Health



UPLIFT's Family Support Program

includes the following services for families of children with disabilities ages birth to 26:

- *Care Coordination*
- *Advocacy with Schools, Agencies, & Courts*
- *Individual Support for Families*
- *Referral Services*
- *Parent & Youth Support Groups*
- *Informational Newsletters*
- *Educational Series Brochures*
- *Parent Training, Workshops & Conferences*
- *Lending Library*

UPLIFT currently has offices in Cheyenne, Casper, Jackson, Laramie, Riverton, and Buffalo. However, we serve families across the state who have children with or at risk of

emotional, behavioral, learning, physical or developmental disorders.



Service Descriptions

Care Coordination Services

Family Support Specialists work with family members to coordinate services for their child across all agencies. This is done in an effort to improve outcomes and reduce stress for the families. Family members will have an active role in guiding the direction of their services. Care coordination is provided using the high fidelity wraparound model.

Advocacy Services

Family Support Specialists work with family members to prepare them for meetings at school, service agencies, and the courts. As they prepare, they will identify issues of concern and recommended actions. Family Support Specialists then attend the meetings with the family member to assist in advocating for the most appropriate services for their child. Family Support Specialists serve as mentors to family members to help them build their own advocacy skills.

Individual Support Services

Family Support Specialists work with family members in person or by phone to discuss their child's needs, listen to concerns of the family, and provide verbal support and encouragement for positive family involvement in their child's treatment. UPLIFT does not have the resources to provide financial support to families, but will assist in locating all available resources.

Referral Services

Family Support Specialists work with family members in person or by phone to assist in finding the most appropriate services for their child. Assistance in filling out applications and arranging for appointments can also be provided.

Informational Services

Parent training, workshops, conferences, informational newsletters and brochures are available on a number of issues relating to childhood disorders. A lending library containing books, tapes, and videos is available to families across the state. Contact the UPLIFT office in Casper for available titles.

Parent Connections and Teen Talk

Periodic parent and youth support activities are facilitated in selected communities. Groups highlight training, mentoring, positive social interaction, and effective parenting skills. Contact the UPLIFT office nearest you for more information.

Social Skills Program

UPLIFT's After School Social Skills Program (ASP) is designed for children ages 6 to 12. ASP applies positive reinforced behavior and encouragement to enhance children's social skills, communication skills, problem solving skills and cooperation. ASP also helps to teach impulse control, self management skills and understanding of own and others feelings. Call UPLIFT to find the ASP nearest you: 1-888-UPLIFT3.